



Via motion



ENGLISH FRANÇAIS ESPAÑOL 日本語 中文

DEUTSCH ITALIANO NEDERLANDS SVENSKA

New Balance VIA^{motion}

INTRODUCTION

Thank you for selecting the New Balance VIA *motion*. The VIA *motion* is a multi-axis sensor technology that can detect motion in any dimension. The VIA *motion* is equipped with a clock, one daily alarm, 7-day memory, step counter, distance counter, calorie counter and exercise timer functions.

IMPORTANT Do not immerse the VIA *motion* in water.

ACTIVATE VIA *motion* (FIRST-TIME USE ONLY)

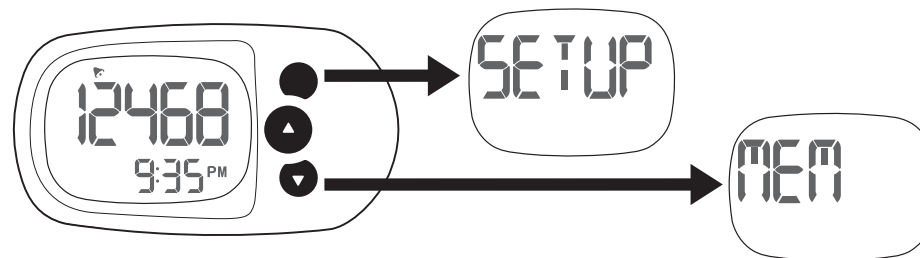
Press and hold any key until the screen is activated.

CARRYING THE VIA *motion*

The VIA *motion* can be carried on the waist, around the neck, in pockets or backpacks and handbags.

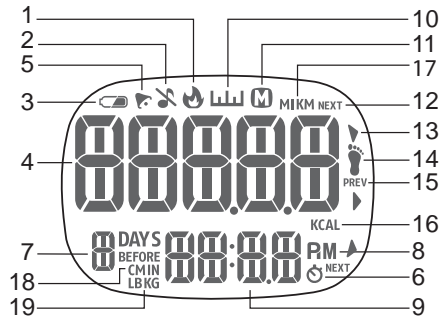
OPERATION MODES

The VIA *motion* has 3 modes of operation. The Main Mode is the default display mode, which displays the current step count and time. To enter other modes, press the buttons as shown below.



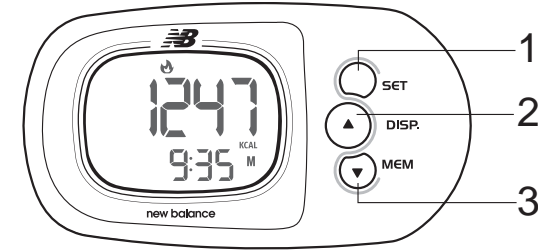
English

LCD



1. : Indicates calories burned display
2. : Indicates beep tone is OFF
3. : Indicates battery power is low
4. Displays mode banners, number of steps, calories burned or distance walked
5. : Indicates alarm is ON
6. : Indicates exercise timer display
7. : Based on days past the current date, Indicates which daily log is viewed in Memory Mode.
8. **RM / PM** : 12 hour clock
9. Displays clock time, exercise timer or Setup Mode values
10. : Indicates distance walked display
11. : Indicates Memory Mode display
12. **NEXT** : Indicates button press for following page
13. : Button press indicators.
14. : Indicates step counter is ON
15. **PREV** : Indicates button press for previous page
16. **KCAL** : Calories unit
17. **MIKM** : Distance unit (Miles / Kilometres)
18. **CMIN** : Stride length unit (Centimetres / Inches)
19. **LBKG** : Weight unit (Pounds / Kilograms)

CONTROL BUTTONS



1. **SET**: Enter Setting Mode; confirm and move to next setting option
2. **DISP**: Displays calories burned and distance walked; increase values
3. **MEM**: Enter Memory Mode; decrease values

SETUP MODE

NOTE It is recommended to read through the entire Setup Mode section before attempting to set any of the options. The *VIA motion* is designed to help the user set options quickly. There is only a 3 second delay between settings. If the *VIA motion* does not detect a button press during the 3 seconds, it will move on to the next setting.

In the Setup Mode, you can set the time, alarm ON / OFF and alarm time, weight and stride length, and beep tone ON / OFF.

1. Press **SET** to enter the Setup Mode.
2. Wait for the setting option to flash, then press **DISP** or **MEM** to set values. You can press and hold these buttons to rapidly set the values.
3. Wait 3 seconds for the pedometer to automatically confirm and move to the next setting option. The setting sequence is: stride length unit, stride length value, weight unit, weight value, 12 / 24 time format, time (hour and minute), alarm ON / OFF, alarm time (hour and minute, if alarm On is selected) and beep tone ON / OFF.

NOTE You can press **SET** to skip through settings.




REMARK Press any button to silence an activated alarm. If not deactivated, the alarm will be activated at the same time the following day.

MAIN MODE

In the Main Mode, you can:


- view the time and current step count (default), calories burned, distance walked and exercise time
- turn ON or OFF the step counter

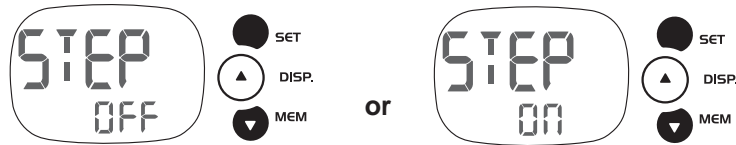
To view the current calories burned and distance walked:

Press **DISP**. The display sequence is: calories burned  and distance walked . The exercise time with icon  is also displayed.

To turn the step counter ON or OFF:

In situations where you do not need to record step count, you can turn Off the step counter.

Press and hold **SET** and **MEM** at the same time for 2 seconds until the following screen is displayed. To turn ON the step counter, repeat the same action.  indicates step counter is ON.



- If the step counter is OFF, there will be no step, calories and distance calculation or recording into memory.
- The current step count, calorie burned, distance walked, and exercise timer will be reset automatically to zero at midnight.

MEMORY MODE

In the Memory Mode, you can view the records of your steps and calories burned for the past 7 days.

1. Press **MEM** to enter the Memory Mode.
2. Press **DISP** or **MEM** to select which day to view.

NOTE

- When toggling between days, the record displayed will be of the same category (either step count or calorie burned).
- When viewing a day's record, the pedometer will automatically toggle for 3 seconds between step count and calorie burned display.

REMARK Toggle through all 7-day records to return to the Main Mode.

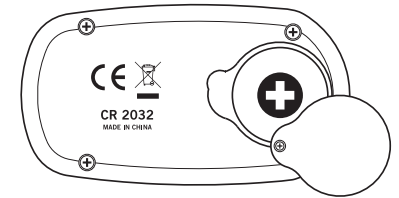
NOTE You cannot reset the records manually. The *VIA motion* is designed to automatically reset the records.

NOTE The *VIA motion* will report the amount of exercise time logged during your day and automatically record it to memory. It will disregard motion that is considered inconsistent. These motions will not be added to your daily total of exercise time. The active daily totals can be viewed along with calories and distance at any time during the day. A historic record of total exercise time will be displayed in each day stored in Memory Mode.

BATTERY REPLACEMENT

The *VIA motion* uses a CR2032 3V battery, which has already been installed.

 Indicates battery power is low.



To replace battery:

1. Use a small Phillips screwdriver to remove battery compartment lid. Once opened, please keep the screws in a safe place to avoid losing them.
2. Remove the old battery and insert the new one, matching the polarities.
3. Replace the lid by screwing it back into place using a Phillips screwdriver.

NOTE When the battery compartment is opened or battery is replaced, all data in the pedometer will be reset.

IMPORTANT Remember to reset the time and your user data after replacing the battery.

SPECIFICATIONS

Real time clock	12 / 24 format with hour / minute
Step measurement range	0 – 99,999 steps
Distance measurement range	0 – 999.99 km / (0 – 621 miles)
User adjustable stride length	28 – 152 cm / (11 – 60 inches)
Calorie measurement range	0 – 99,999 kcal
Body weight range	29 – 154 kg / (64 – 340 pounds)
Exercise timer range	99 hr 59 min 59 sec
Resolution	0.1°C / 0.2°F
Power	1 x CR2032 3V battery
Operating temperature	-10°C to 40°C / (14°F to 104°F)
Storage temperature	-20°C to 60°C / (-4°F to 140°F)

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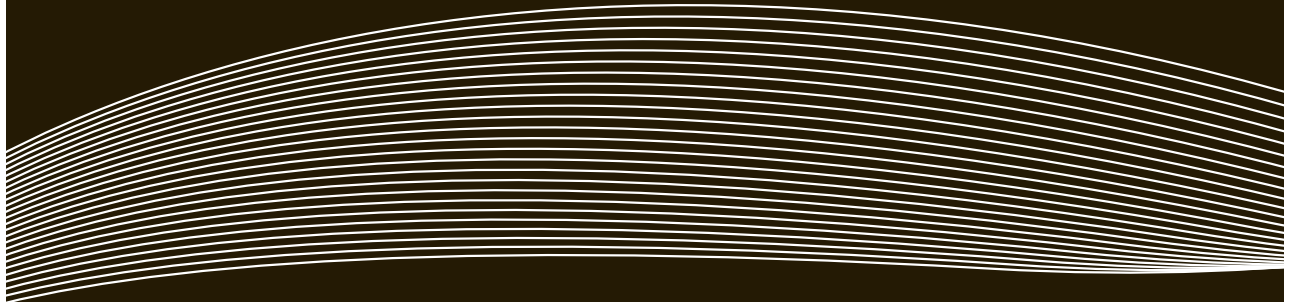
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PRECAUTIONS

To ensure you use your product correctly and safely, read these warnings and the entire user manual before using the product:

- Use a soft, slightly moistened cloth. Do not use abrasive or corrosive cleaning agents, as these may cause damage. Use lukewarm water and mild soap to clean the device thoroughly after each training session. Never use the product in hot water or store it when wet.
- Do not subject the product to excessive force, shock, dust, temperature changes, or humidity. Never expose the product to direct sunlight for extended periods. Such treatment may result in malfunction.
- Do not tamper with the internal components. Doing so will terminate the product warranty and may cause damage. The main unit contains no user-serviceable parts.
- Do not scratch hard objects against the LCD display as this may cause damage.
- Take precautions when handling all battery types.
- Remove the batteries whenever you are planning to store the product for a long period of time.
- When replacing batteries, use new batteries as specified in this user manual.
- The product is a precision instrument. Never attempt to take this device apart. Contact the retailer or our customer service department if the product requires servicing.
- Do not touch the exposed electronic circuitry, as there is a danger of electric shock.
- Check all major functions if the device has not been used for a long time. Maintain regular internal testing and cleaning of your device. Have your device serviced by an approved service centre annually.
- When disposing of this product, ensure it is collected separately for special treatment and not as normal household waste.
- Due to printing limitations, the displays shown in this manual may differ from the actual display.
- The contents of this manual may not be reproduced without the permission of the manufacturer.



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